## POWELL City Council - NUMBERS GAME

- 6 Ohio is 6th largest veterans population in the nation
- 6.5- 65,000 Ohioans have deployed in the wars in Iraq and Afghanistan since 2001
- 7 7,000 of these veterans live in and around Franklin county (5 county radius)
- **7.5-** 750,000 veterans in USA struggle with TBI/PTSD as a result of these wars- nationwide and 15,000 struggle in OHIO
- 8- Those with TBI are 8 X more likely to die by suicide than a person who has not leading to over 22 suicides/day for American Veterans
- 10- 10% unemployment for our veterans and only about 10% retention at civilian jobs
- 11 1 + 1 you can mentor a veteran, especially with employment initiatives to assist with reintegration back to civilian world. It is our obligation to do so.

**NEVER UNDERESTIMATE the Power of ONE!** 

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## Points for Employment of Veterans

- #1- Veterans represent the most diverse population in the United States.
- #2- Veterans are driven by a sense of mission.
- #3. Veterans are used to teamwork, and follow orders well.
- #4. Veterans represent the most physical fit members of their generation.
- #5. Proven skill set and work ethic.

## Points for Employment for TBI/PTSD

- #1- TBI/PTSD is a form of brain injury, of which 90% of injuries are mild.
- #2. TBI/PTSD is protected by the ADA.
- #3.- TBI/PTSD affects the civilian as well as the veteran population, with athletes having the next closest incidence to veterans. It is becoming a global epidemic, and incidence is rising yearly in the USA.
- #4. TBI/PTSD is treatable and can be managed holistically by exercise, meditation, mindfulness, and cognitive retraining.
- #5. Peer Group for support and strategies

## Common Accommodations for Employees with TBI/PTSD

- #1. Incandescent Lighting with Rheostat
- #2- Good acoustics
- #3.- Flexible hours for accommodation of temporary fatigue
- #4. Yoga, meditation, or group training sessions available during work schedule.
- #5. Multiple training programs available, ie, online, written and video, training manual, lecture or workshop.

For more information:

http://www.resurrectinglives.org/what-is-tbi/myths-about-traumatic-brain-injury-tbi/

www.resurrectinglives.org - Website

For viewing of the documentary, Operation Resurrection -

http://www.resurrectinglives.org/operation-resurrection/

For more information about the State of the American Veteran, and strategies for employment please view:

https://msw.usc.edu/academic/electives-options/military-social-work/

For training and webinars on military members and veterans health: dvbic.dcoe.mil

Thank you,

Chrisanne Gordon, MD

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