



# Powell

Parks & Recreation Guide

September–December 2024





## Fall Soccer

Soccer Shots is an engaging children's soccer program for ages 2 to 8. Join us on the field for new skills, character building and of course, FUN!

**Ages:** 2-8

**Cost:** \$170/10 weeks (Premier \$220)

**Dates:** Season starts August 19th

**Classes run:**

- Monday evenings (530 mini/615 classic)
- Saturday mornings (930 mini, 10:15 classic, 11 premier)
- Sunday mornings (930 mini, 10:15 classic)

**Enroll now at:** [soccershots.com/columbus](http://soccershots.com/columbus)

**Additional Info:**

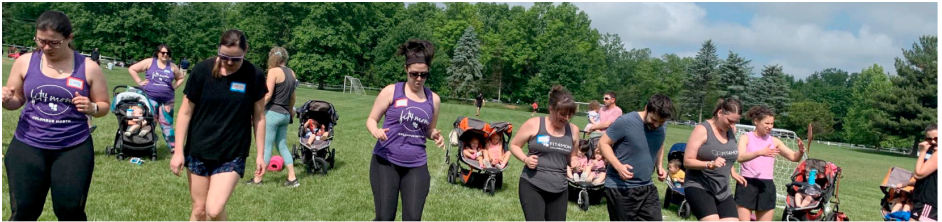
- Mini Class (2-3 years old) 30 minute classes
- Classic Class (3-5 years old) 30 minute classes
- Premier Class (5-8 years old) 60 minute classes
- Annual Enrollment fee may apply and includes a jersey.

Scan to Enroll!

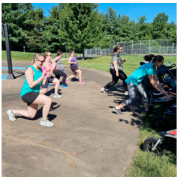


Questions? [juttley@soccershots.com](mailto:juttley@soccershots.com) | 614-535-7082 | [soccershots.com](http://soccershots.com)

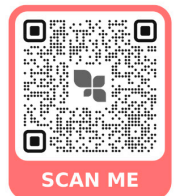
## Continuing Enrollment



### A fitness community FOR moms, BY moms



**We have partnered with FIT4MOM Columbus North to provide prenatal and postnatal fitness opportunities to moms at all stages of motherhood. FIT4MOM extends beyond the workout! During fitness classes and through playdates, moms' night out, book club and more; you'll find support, encouragement, camaraderie, and lifelong friendships. Claim your free class ->**



[columbusnorth.fit4mom.com](http://columbusnorth.fit4mom.com)  [@fit4mom\\_columbusnorth](https://www.instagram.com/@fit4mom_columbusnorth)



Fall  
**2024**

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## Programs

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### On the Cover

**Top Left:** Girls work together to make cinnamon sugar during RecSchool Parents Morning Out program.

**Top Right:** Siblings smile with the wooden watercolor leaves they painted during Tiny Hand Crafts class.

**Bottom:** Tumbling friends spell out Ohio after class.

# Registration

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## Registration Procedures

- Registration can be completed and processed online or in person.
- In person registration can take place between 8:30am-4:30pm. Please come prepared with a list of programs you are interested in participating in.
- Class fees must be paid in full at the time of registration. In person registration payment may be made by cash, check, or credit/debit card. Please make checks payable to “City of Powell.”
- Incomplete registration forms, incorrect payment, and/or failure to sign the liability waiver will result in your application being delayed.
- Registrations will be processed in the order they are received. You will be sent a receipt through email.
- Please be aware that enrollment is on a first-come, first-served basis.
- We will not contact you to confirm your registration and will contact you only if the class is canceled.

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## Online Registration

- Online registration is encouraged.
- Register online for upcoming classes by visiting [Powell.RecDesk.Com](https://Powell.RecDesk.Com). Explore the site, browse through current and upcoming programs, and register at your convenience.

**[Powell.RecDesk.Com](https://Powell.RecDesk.Com)**

# Registration Dates

Tuesday | August 6th | [Powell.RecDesk.Com](https://Powell.RecDesk.Com)

## Express Registration for Residents Only

Residents receive priority registration for two days.  
Registration begins at 12:00pm.

Thursday | August 8th | [Powell.RecDesk.Com](https://Powell.RecDesk.Com)

## Open Registration

Registration begins at 12:00pm for non-residents and continues for everyone until classes are filled.

**Online registration is encouraged at [Powell.RecDesk.com](https://Powell.RecDesk.com), but we will accept in-person registrations at the municipal building weekdays between 8:30am-4:30pm if you'd prefer not to pay the convenience fee.**

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## Class Locations

- Adventure Park—260 Adventure Park Drive
- Arbor Ridge Park—500 Bennett Parkway
- Fred Astaire—3499 Market Street
- KSM Sports & Fitness—10336 Sawmill Road
- Library Park—420 S. Liberty Street
- Locker Soccer—330 West Case Street
- Meadowview Park—329 Ashmoore Drive
- Powell Municipal Building—47 Hall Street
- Safari Golf Club—4850 Powell Road
- Seldom Seen Park—3240 Seldom Seen Road
- Village Green Park—47 Hall Street

# Residency Information

Programs and rentals offered by Powell Parks and Recreation have resident (R) and non-resident (NR) fees. Resident fees apply to those who live or work in the city limits of Powell, including all adult and child household members. These households and companies pay taxes that support the Powell Parks and Recreation Department and qualify for the resident rate for programs and rentals. All others pay the listed non-resident rate.

Please note that a Powell mailing address means your mail is processed by the Powell Post Office and does not align with municipal tax district residency boundaries.

If you are unsure of your residency status, please use the Delaware County Auditor's website to check your address and tax district:

<https://delaware-auditor-ohio.manatron.com/AddressSearch.aspx>

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## City of Powell Subdivisions

Ashmoore	Powell Grand
Bartholomew Run	Powell Place
Brookehill Condos	Rutherford Estates
Cardinal Hill	Stonebridge Condos
Carpenter's Mill	The Chase
Chambers Glen	The Courtyards at Grandshire
Commons of Powell Condos	The Courtyards of Powell
Deer Run	The Reserve at Scioto Glenn
Falcon Ridge	The Retreat
Golf Village	Traditions of Powell Condos
Grandshire	Verona
Junia Glen	Village at Kinsale Condos
Lakes at Golf Village Condos	Village at Murphy Crossing Condos
Lakes of Powell	Village at Murphy Park Condos
Liberty Hills	Village at Powell Condos
Liberty Ridge	Villas at Woodcutter Condos
Middlebury Estates	Woods at Big Bear Farms Condos
Murphy Park	Woods of Powell
Olentangy Ridge	Woods of Sawmill

# General Information

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## **Photo Release**

By registering for, or attending, any City of Powell Parks and Recreation Department program, class, or event, you are agreeing to allow the publication of any photos taken of you and/or your child at any program, class, event or facility of the City of Powell Parks & Recreation Department.

## **Class Cancellation**

The City of Powell Parks and Recreation Department reserves the right to cancel classes due to low enrollment and/or other unforeseen circumstances. In the case of a program/class cancellation, you will be notified and issued a full refund in the form of a check or to the credit card used for purchase. Refunds take approximately four weeks to process. When a program/class is canceled due to low enrollment, every effort will be made to notify you 48 hours in advance via e-mail. Prepare to attend each class unless you are notified by a City of Powell employee or the program instructor.

## **Refunds**

Participant-requested refunds are subject to a processing fee. For courses less than \$50 there is a flat \$5 processing fee, and for course fees over \$51 there is a 10% processing fee. Refunds will be granted only when requested no later than five days prior to the first class meeting. Since decisions to maintain classes are based on the enrollment at the first session, no refunds are granted after the first session. In the case of maximum class enrollment or class cancellation, you will be granted a full check refund. Please allow four weeks for processing all refunds. Refunds for camps may incur additional fees. All in person payments will be refunded in the form of a check.

## **Anticipate to participate. Register early.**

Waiting until the last minute could mean the program you are interested in will be canceled. In order for a class to survive, we must have at least the minimum number of registrants 48 hours prior to the start of the first class. Attempting to enroll on the day classes are set to begin will not save the class. PLEASE REGISTER EARLY.

## **You can share your talents.**

The City of Powell Parks & Recreation Department is continually seeking potential instructors with the desire and ability to teach. If you have a special skill, practical knowledge or experience in an area that you would like to share, we would like to work with you to set up a program. Contact Gina Kolp at 614.885.5380, ext. 1069 to take advantage of this great experience and opportunity.

# Reservations

## Park Shelters and Athletic Fields

The City of Powell has several areas that can be reserved for community functions. Athletic field and park shelter reservations are accepted on a first-come, first-served basis. There is a maximum of two 90-minute reservations per week per group for athletic fields. Park shelters are available on a per hour basis. All reservations are subject to approval by the Parks & Recreation Manager.

### The fees for reserving park areas are as follows:

Park Area	Time	Resident	Non-Res.
<b>Amphitheater</b>	60 min.	\$50	\$100
<b>Baseball Field</b> (unlined)	90 min.	\$10	\$25
<b>Basketball Court</b>	90 min.		
Half		\$5	\$20
Full		\$10	\$40
<b>Shelter</b>	60 min.		
Weekday (Mon.-Thur.)		\$15	\$30
Weekend (Fri-Sun.)		\$20	\$40
<b>Soccer Field</b>	90 min.		
Half (4 tables)		\$30	\$60
Full (8 tables)		\$40	\$80
<b>Solar Shelter</b>	90 min.		
Half (4 tables)		\$150	\$300
Full (8 tables)		\$300	\$600
<b>Solar Shelter</b>	All Day	\$1,000	\$2,000
<b>Tennis Court</b>	60 min.	\$10	\$25

- Field reservations open March 4th for residents and March 18th for non-residents.
- Fields open for use April 1st.
- Field rentals are available at [Powell.RecDesk.Com](http://Powell.RecDesk.Com).
- Outdoor rental season ends 10/31.



# Reservations

## Meeting Rooms

The City of Powell's East Community Room can be reserved for community functions. This room contains 10 tables, 75 chairs, and is equipped with a whiteboard. No outside tables or chairs are permitted. This multi-purpose space is ideal for any group! Please include set-up and tear-down time in your rental reservation.

### The fees for renter type are as follows:

Type of Renter	Time	Resident	Non-Res.
<b>Non-Profit Groups*</b> Ex: HOAs & Scout Troops *Must show proof of status	60 min.	\$10	\$125
<b>Private Functions</b> Ex: showers, birthday parties, receptions, reunions	60 min.	\$50	\$125

- East Room reservations can be made online at [Powell.RecDesk.Com](http://Powell.RecDesk.Com).
- Reservations are available after all City meetings & Recreation Department programs have been entered.
- Renter must be in attendance for the duration of reservation.

### Special Event Permit

Are you hosting a block party, 5k race, or large special event? The City of Powell has a new [Special Event Permit!](#) Please visit [cityofpowell.us](http://cityofpowell.us) to view and submit your permit request for 2024.

\$55 submission fee

### Please direct all rental questions to:

**Melissa Hindman** | Parks & Recreation Manager  
mhindman@cityofpowell.us or (614) 885-5380x1064.

### Please direct all residency & program questions to:

**Gina Kolp** | Recreation Supervisor  
gkolp@cityofpowell.us or (614) 885-5380x1069.

# RecSchool

## Powell RecSchool

**Ages 3-6 | Instructor Jill Alfred, Gina Kolp**

We will incorporate school readiness through play to learn activities, and will focus on social-emotional learning, all while incorporating fun into everything we do. Each day will be 2.5 hours and include: free play, circle time, arts and crafts, snack, large muscle play, and when the weather cooperates time outdoors. We teach following the Orton-Gillingham method of instruction for letter and sound recognition with a strong emphasis on rich literature. Our teachers hold degrees in early childhood education and believe that children learn best through play.

This community-based drop-off program will be running the duration of the school year! We will have a fall session (September-December) and a spring session (January-May). Children enrolled in the fall session have first opportunity to register for spring session. We are a continuous enrollment program and welcome all young learners to Powell RecSchool at any time!

RecSchool programming is an awesome supplement for preschool and kindergartners, we're happy to work with your family to come up with a schedule that works for your family that can include a combination of RecSchool on Tuesdays & Thursdays and Parents' Morning Out on Wednesdays.

Please email Miss Gina ([gkolp@cityofpowell.us](mailto:gkolp@cityofpowell.us)) to set up a payment plan or to discuss creating a schedule that would be most ideal for your family

**Registration fee is for the full session.**

*Cost per month break down:*

*September 6 classes = \$150/resident or \$175/non-resident*

*October 8 classes = \$200/resident or \$225/non-resident*

*November 7 classes = \$175/resident or \$200/non-resident*

*December 4 classes = \$100/resident or \$125/non-resident*

**24F-PPR01**

Tue. & Thur. | Sept. 10–Dec. 12 9:00AM–11:30AM  
**Resident \$625.00, Non-Resident \$725.00 (25 Sessions)**

**Location | Adventure Park Recreation Facility**

# RecSchool

## Parents Morning Out

**Ages 3-7 | Instructor Jill Alfred, Gina Kolp**

Sign your little one up to spend Wednesday mornings with Miss Jill & Miss Gina for lots of play based learning fun! We will spend time enhancing our social skills, enjoying rich literature, singing songs, working on body awareness, and independence during free play. Activities and projects will cater to different levels of abilities while challenging participants to enhance their skills. Each class will have a theme, and you can register for every Wednesday or just a few.

RecSchool programming is an awesome supplement for preschool and kindergartners, we're happy to work with your family to come up with a schedule that works for your family that can include a combination of Parents' Morning Out on Wednesdays and RecSchool on Tuesdays & Thursdays.

All students must be fully potty trained. Please send your kiddo with a reusable water bottle with their name on it and a nut-free snack each week.

### Register for

- *All 12 sessions and receive a \$40 discount!*
- *6 sessions as an OLSD Kindergartner and receive a \$20 discount!*
- *Any 1 Wednesday session of your choice from Sept. 18-Dec. 11*
- *All discounts are reflected in rates shown.*

<b>24F-PPR02</b> ALL	Wednesday   Sept. 18-Dec. 11 <b>Resident \$200.00, Non-Resident \$225.00 (12 Sessions)</b>
<b>24F-PPR03</b> Tu/F Kindergarten	Wednesday   Sept. 18-Dec. 4 <b>Resident \$100.00, Non-Resident \$125.00 (6 Sessions)</b>
<b>24F-PPR04</b> M/Th Kindergarten	Wednesday   Sept. 25-Dec. 11 <b>Resident \$100.00, Non-Resident \$125.00 (6 Sessions)</b>
<b>24F-PPR05-16</b> Single Session	Wednesday   Sept. 18-Dec. 11 <b>Resident \$20.00, Non-Resident \$26.00 (1 Session)</b>

**Location | Adventure Park Recreation Facility**

# RecSchool

## RecSchool Read-A-Louds

### Ages 1-5 | Instructor Jill Alfred

Please join Miss Jill to enjoy an open classroom experience in the RecSchool room at Adventure Park and a read-a-loud Monday mornings. Each week will include free play for caregivers and their littles with access to a variety of activities and equipment for the first 30 minutes. Then, we will clean up and gather for a 20-minute story time. Story time will include a read-a-loud of rich literature, nursery rhymes, finger plays, and movement songs. One of the best ways to encourage children to love and value reading and books is to actively participate in fun, engaging literature! We will conclude each week with bubbles and stamps for each friend. Join us to get the wiggles out, see our engaging classroom atmosphere, play with classroom toys, and enjoy stories and more with other children and their grown-ups.

<b>24F-PPR62</b> <i>ALL @ 10AM</i>	Monday   Sept. 9–Dec. 9	10:00AM–10:50AM
	<b>Resident \$50.00, Non-Resident \$65.00 (12 Sessions)</b>	
<b>24F-PPR63</b> <i>ALL @ 11AM</i>	Monday   Sept. 9–Dec. 9	11:00AM–11:50AM
	<b>Resident \$50.00, Non-Resident \$65.00 (12 Sessions)</b>	
<b>24F-PPR64–86</b> <i>Single 10AM Sessions</i>	Monday   Sept. 9–Dec. 9	10:00AM–10:50AM
	<b>Resident \$5.00, Non-Resident \$7.00 (1 Session)</b>	
<b>24F-PPR65–87</b> <i>Single 11AM Sessions</i>	Monday   Sept. 9–Dec. 9	11:00AM–11:50AM
	<b>Resident \$5.00, Non-Resident \$7.00 (1 Session)</b>	

**Location | Adventure Park Recreation Facility**

# Tumbling

## Tumbling with Miss Gina

**Ages 2 | Instructor Gina Kolp** | This 20 minute parent/child class will help teach the foundations of balance, large muscle movement and the basics of tumbling. Each week will start with a stretching song then we will use fun equipment, to keep our bodies moving. This class will introduce rolls, jumps, and walking our feet up the wall with straight strong arms.

<b>24F-PPR18</b> <i>Thursdays</i>	Thursday   Aug. 29–Sept. 12	5:00PM–5:20PM
	<b>Resident \$18.00, Non-Resident \$23.00 (3 Sessions)</b>	
<b>24F-PPR23</b> <i>Thursdays</i>	Thursday   Sept. 19–Oct. 3	5:00PM–5:20PM
	<b>Resident \$18.00, Non-Resident \$23.00 (3 Sessions)</b>	
<b>24F-PPR28</b> <i>Thursdays</i>	Thursday   Oct. 17–Nov. 21	5:00PM–5:20PM
	<b>Resident \$24.00, Non-Resident \$31.00 (4 Sessions)</b>	
<b>24F-PPR33</b> <i>Thursdays</i>	Thursday   Dec. 5–Dec. 19	5:00PM–5:20PM
	<b>Resident \$18.00, Non-Resident \$23.00 (3 Sessions)</b>	
<b>24F-PPR21</b> <i>Fridays</i>	Friday   Aug. 30–Sept. 13	10:00AM–10:20AM
	<b>Resident \$18.00, Non-Resident \$23.00 (3 Sessions)</b>	
<b>24F-PPR26</b> <i>Fridays</i>	Friday   Sept. 20–Oct. 4	10:00AM–10:20AM
	<b>Resident \$18.00, Non-Resident \$23.00 (3 Sessions)</b>	
<b>24F-PPR31</b> <i>Fridays</i>	Friday   Oct. 18–Nov. 22	10:00AM–10:20AM
	<b>Resident \$30.00, Non-Resident \$39.00 (5 Sessions)</b>	
<b>24F-PPR36</b> <i>Fridays</i>	Friday   Dec. 6–Dec. 20	10:00AM–10:20AM
	<b>Resident \$18.00, Non-Resident \$23.00 (3 Sessions)</b>	

**Location | Adventure Park Recreation Facility**

# Tumbling

## Tumbling with Miss Gina

**Ages 3-5 | Instructor Gina Kolp |** During this next steps in tumbling with Miss Gina, we will continue growing our skills using the circuit training method implemented in Tumbling for 2. We will work on independently mastering forward and backward rolls, balance, and body awareness. Handstands and cartwheels may be introduced in these classes.

<b>24F-PPR19</b> <i>Thursdays (3 yrs)</i>	Thursday   Aug. 29–Sept. 12	5:30PM–6:00PM
	<b>Resident \$24.00, Non-Resident \$31.00 (3 Sessions)</b>	
<b>24F-PPR24</b> <i>Thursdays (3 yrs)</i>	Thursday   Sept. 19–Oct. 3	5:30PM–6:00PM
	<b>Resident \$24.00, Non-Resident \$31.00 (3 Sessions)</b>	
<b>24F-PPR29</b> <i>Thursdays (3 yrs)</i>	Thursday   Oct. 17–Nov. 21	5:30PM–6:00PM
	<b>Resident \$32.00, Non-Resident \$41.00 (4 Sessions)</b>	
<b>24F-PPR34</b> <i>Thursdays (3 yrs)</i>	Thursday   Dec. 5–Dec. 19	5:30PM–6:00PM
	<b>Resident \$24.00, Non-Resident \$31.00 (3 Sessions)</b>	
<b>24F-PPR22</b> <i>Fridays (3–4 yrs)</i>	Friday   Aug. 30–Sept. 13	10:30AM–11:00AM
	<b>Resident \$24.00, Non-Resident \$31.00 (3 Sessions)</b>	
<b>24F-PPR27</b> <i>Fridays (3–4 yrs)</i>	Friday   Sept. 20–Oct. 4	10:30AM–11:00AM
	<b>Resident \$24.00, Non-Resident \$31.00 (3 Sessions)</b>	
<b>24F-PPR32</b> <i>Fridays (3–4 yrs)</i>	Friday   Oct. 18–Nov. 22	10:30AM–11:00AM
	<b>Resident \$40.00, Non-Resident \$52.00 (5 Sessions)</b>	
<b>24F-PPR37</b> <i>Fridays (3–4 yrs)</i>	Friday   Dec. 6–Dec. 27	10:30AM–11:00AM
	<b>Resident \$24.00, Non-Resident \$31.00 (3 Sessions)</b>	
<b>24F-PPR20</b> <i>Thursdays (4–5 yrs)</i>	Thursday   Aug. 29–Sept. 12	6:15PM–6:45PM
	<b>Resident \$24.00, Non-Resident \$31.00 (3 Sessions)</b>	
<b>24F-PPR25</b> <i>Thursdays (4–5 yrs)</i>	Thursday   Sept. 19–Oct. 3	6:15PM–6:45PM
	<b>Resident \$24.00, Non-Resident \$31.00 (3 Sessions)</b>	
<b>24F-PPR30</b> <i>Thursdays (4–5 yrs)</i>	Thursday   Oct. 17–Nov. 21	6:15PM–6:45PM
	<b>Resident \$32.00, Non-Resident \$41.00 (4 Sessions)</b>	
<b>24F-PPR35</b> <i>Thursdays (4–5 yrs)</i>	Thursday   Dec. 5–Dec. 19	6:15PM–6:45PM
	<b>Resident \$24.00, Non-Resident \$31.00 (3 Sessions)</b>	

**Location | Adventure Park Recreation Facility**

# Arts & Crafts

## CRAFTerschool

**Ages 7-12 | Instructor Gina Kolp** | Join Miss Gina Wednesday after school to create some fun projects. Projects will be inspired by Pinterest trends, famous artists or the season. Not all projects will be completed in one class, but all projects will be ready to go home at the end of the program.

**24F-PPR38**      Wednesday | Aug. 28–Sept. 11      4:45PM–5:30PM  
*Resident \$21.00, Non-Resident \$27.00 (3 Sessions)*

**24F-PPR42**      Wednesday | Sept. 18–Oct. 2      4:45PM–5:30PM  
*Resident \$21.00, Non-Resident \$27.00 (3 Sessions)*

**24F-PPR46**      Wednesday | Oct. 16–Oct. 30      4:45PM–5:30PM  
*Resident \$21.00, Non-Resident \$27.00 (3 Sessions)*

**24F-PPR50**      Wednesday | Nov. 13–Nov. 27      4:45PM–5:30PM  
*Resident \$21.00, Non-Resident \$27.00 (3 Sessions)*

**24F-PPR54**      Wednesday | Dec. 4–Dec. 18      4:45PM–5:30PM  
*Resident \$21.00, Non-Resident \$27.00 (3 Sessions)*

**Location | Adventure Park Recreation Facility**

## Handprint Calendar

**Ages 3-8 | Instructor Gina Kolp** | Come create a fun keepsake memory calendar that will make you smile for the year to come. These make great gifts and up to 5 copies are included in the cost of the program in addition to wrapping during the final class. The first weeks children with parental assistance will use handprints to create the base for each of the 12 months designs + front and back covers. Once all bases are created families will add embellishments to complete the project of turning handprints into different designs. The final class will consist of binding calendars and wrapping any for gift giving this holiday season.

**24F-PPR58**      Tuesday | Nov. 12–Dec. 17      6:00PM–6:30PM  
*Resident \$50.00, Non-Resident \$65.00 (6 Sessions)*

**Location | Adventure Park Recreation Facility**

# Arts & Crafts

## Tiny Hand Crafts

**Ages 3-6 | Instructor Gina Kolp** | Join Miss Gina to create some fun projects. Some will be inspired by famous artists and others will be seasonally inspired projects. All projects will be completed during class. Caregiver supervision is encouraged.

<b>24F-PPR39</b>	Wednesday   Aug. 28–Sept. 11	5:45PM–6:15PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR43</b>	Wednesday   Sept. 18–Oct. 2	5:45PM–6:15PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR47</b>	Wednesday   Oct. 16–Oct. 30	5:45PM–6:15PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR51</b>	Wednesday   Nov. 13–Nov. 27	5:45PM–6:15PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR55</b>	Wednesday   Dec. 4–Dec. 18	5:45PM–6:15PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR40</b>	Wednesday   Aug. 28–Sept. 11	6:45PM–7:15PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR44</b>	Wednesday   Sept. 18–Oct. 2	6:45PM–7:15PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR48</b>	Wednesday   Oct. 16–Oct. 30	6:45PM–7:15PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR52</b>	Wednesday   Nov. 13–Nov. 27	6:45PM–7:15PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR56</b>	Wednesday   Dec. 4–Dec. 18	6:45PM–7:15PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR41</b>	Friday   Aug. 30–Sept. 13	11:30AM–12:00PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR45</b>	Friday   Sept. 20–Oct. 4	11:30AM–12:00PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR49</b>	Friday   Oct. 18–Nov. 1	11:30AM–12:00PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>
<b>24F-PPR53</b>	Friday   Nov. 15–Nov. 22	11:30AM–12:00PM <i>Resident \$10.00, Non-Resident \$13.00 (2 Sessions)</i>
<b>24F-PPR57</b>	Friday   Dec. 6–Dec. 20	11:30AM–12:00PM <i>Resident \$15.00, Non-Resident \$19.00 (3 Sessions)</i>

**Location | Adventure Park Recreation Facility**



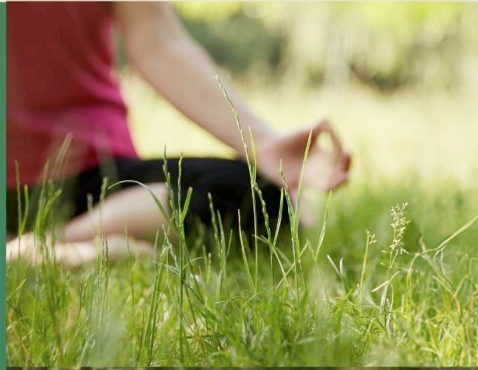
# YOGA IN THE PARK

SPONSORED BY  
 **YOGASIX**

**FREE** community event for local residents!

## Join us on these dates!

- **8/17, Saturday**
  - Time: 7:30am - 8:30am
  - Where: Village Green Park Amphitheater
- **9/1, Sunday**
  - Time: 7:30am - 8:30am
  - Where: Murphy Park
- **9/14, Saturday**
  - Time: 7:30am - 8:30am
  - Where: Library Park
- **9/28, Saturday**
  - Time: 7:30am - 8:30am
  - Where: Arbor Ridge Park
- **10/12, Saturday**
  - Time: 7:30am - 8:30am
  - Where: Murphy Park



### Need to Know

**Bring:** Yoga mat & a water bottle  
**Register:** [www.yogasix.com/powell](http://www.yogasix.com/powell)  
**Liability Waiver:** online or in-person  
**Cost:** FREE w/ ID verification (local residents)



To reserve your spot today!

Scan the QR code or  
text/call 614-659-7214

# Dance

## K-pop for Kids

**Ages 4-12 | Instructor Po Chu**

Learn dance basics, counting, choreography, coordination, and more—all set to K-pop music! K-pop is fun, happy, and wholesome music that is perfect for kids. This class consists of a warm-up, dance routine, and free style dance party at the end of each class. Learn a line dance and dance with pom-poms, while fully immersed in K-pop for the entire 45 minutes. Caregivers receive a playlist, so participants are able to practice at home and listen to songs that quickly become their K-pop favorites.

**24F-PO01** Monday | Sept. 30–Nov. 11 6:45PM–7:30PM  
**Resident \$72.00, Non-Resident \$94.00 (6 Sessions)**

**Location | Adventure Park Recreation Facility**

## Musical Theatre Jazz with Cindy

**Ages 9-17 | Instructor Cindy Straub** | This is an exciting and fun class focusing on the steps and movements of jazz dancing. The movements, technique, and style will be family-friendly with musical theatre styles taught. The final week of the session parents and grand-parents can attend the last 15 minutes to watch our progress and performance!

**24F-CS01** Monday | Sept. 9–Oct. 28 3:30PM–4:30PM  
**Resident \$150.00, Non-Resident \$175.00 (8 Sessions)**

**24F-CS02** Monday | Nov. 4–Dec. 16 3:30PM–4:30PM  
**Resident \$130.00, Non-Resident \$155.00 (7 Sessions)**

**Location | Municipal Building—East Room**

# Dance

## Musical Theatre Tap with Cindy

**Ages 10-17 | Instructor Cindy Straub** | Tap dancing is exciting and always a favorite! We will learn the footwork, sounds, and rhythms involved in tap dancing. The final week of the session parents and grand-parents are invited to attend the last 15 minutes to watch our progress and performance!

<b>24F-CS03</b>	Monday   Sept. 9-Oct. 28	4:30PM-5:00PM
	<b>Resident \$110.00, Non-Resident \$135.00 (8 Sessions)</b>	
<b>24F-CS04</b>	Monday   Nov. 4-Dec. 16	4:30PM-5:00PM
	<b>Resident \$95.00, Non-Resident \$120.00 (7 Sessions)</b>	
<b>24F-CS05</b>	Monday   Sept. 9-Oct. 28	5:00PM-5:30PM
<i>Advanced Beginner</i>	<b>Resident \$110.00, Non-Resident \$135.00 (8 Sessions)</b>	
<b>24F-CS06</b>	Monday   Nov. 4-Dec. 16	5:00PM-5:30PM
<i>Advanced Beginner</i>	<b>Resident \$95.00, Non-Resident \$120.00 (7 Sessions)</b>	

**Location | Municipal Building—East Room**

## Hip Hop & Tumbling with Cindy

**Ages 5-10 | Instructor Cindy Straub** | Hip Hop dancing is an energetic and fun dance style! We will learn the style and footwork of this emerging form of dance and add tumbling to build strength for floor work. The final week of the session parents and grand-parents are invited to attend the last 15 minutes to watch our progress and performance!

<b>24F-CS11</b>	Monday   Sept. 9-Oct. 28	5:30PM-6:00PM
	<b>Resident \$110.00, Non-Resident \$135.00 (8 Sessions)</b>	
<b>24F-CS12</b>	Monday   Nov. 4-Dec. 16	5:30PM-6:00PM
	<b>Resident \$95.00, Non-Resident \$120.00 (7 Sessions)</b>	

**Location | Municipal Building—East Room**

# Dance

## Combo Tykes Dance with Cindy

**Ages 2-5 | Instructor Cindy Straub** | This is an exciting and fun experience with dance and movement. Your child will have a great time moving and grooving to the music. We will learn age-appropriate moves in ballet, tap, and tumbling. The final week of the session parents and grand-parents are invited to attend the last 15 minutes to watch our progress and performance!

**24F-CS07** Monday | Sept. 9–Oct. 28 6:00PM–6:30PM  
*Resident \$80.00, Non-Resident \$104.00 (8 Sessions)*

**24F-CS08** Monday | Nov. 4–Dec. 16 6:00PM–6:30PM  
*Resident \$70.00, Non-Resident \$91.00 (7 Sessions)*

**Location | Municipal Building—East Room**

## Beginner Tap Dancing with Cindy

**Ages 4-7 | Instructor Cindy Straub** | Tap dancing is exciting and always a favorite! We will learn the beginnings of footwork, sounds, and rhythms involved in tap dancing. The final week of the session parents and grand-parents are invited to attend the last 10 minutes to watch our progress and performance!

**24F-CS09** Monday | Sept. 9–Oct. 28 6:30PM–7:00PM  
*Resident \$110.00, Non-Resident \$135.00 (8 Sessions)*

**24F-CS10** Monday | Nov. 4–Dec. 16 6:30PM–7:00PM  
*Resident \$95.00, Non-Resident \$120.00 (7 Sessions)*

**Location | Municipal Building—East Room**

## Baby Dancing in Your Arms

**Ages 0-1.5 | Instructor Cindy Straub** | This is an opportunity to dance with your baby sharing the joy of movement and music with your infant. This program is designed for a parent, grand-parent, or another loving adult in the infant's life to experience the joy of dance and movement with the baby. The fee is inclusive for the adult and child, if more than one adult would like to attend we welcome that.

**24F-CS17** Monday | Sept. 9–Oct. 28 7:00PM–7:30PM  
*Resident \$80.00, Non-Resident \$104.00 (8 Sessions)*

**24F-CS18** Monday | Nov. 4–Dec. 16 7:00PM–7:30PM  
*Resident \$70.00, Non-Resident \$91.00 (7 Sessions)*

**Location | Municipal Building—East Room**

# Dance

## Mommy & Me with Cindy

**Ages 1.5-3 | Instructor Cindy Straub** | This is an exciting and fun class for a first time experience with dance and movement. Your child will have a great time moving and grooving to the music while a loving adult who knows them well, gets to join in and help along the way! We will learn age-appropriate moves to music.

**24F-CS13**      Tuesday | Sept. 10-Oct. 29      9:30AM-10:00AM  
*Resident \$110.00, Non-Resident \$135.00 (8 Sessions)*

**24F-CS14**      Tuesday | Nov. 5-Dec. 17      9:30AM-10:00AM  
*Resident \$95.00, Non-Resident \$120.00 (7 Sessions)*

**Location | Municipal Building—East Room**

## Combo Tots Dance with Cindy

**Ages 1.5-3 | Instructor Cindy Straub** | This is an exciting and fun class for an independent experience with dance and movement. Your child will have a great time moving and grooving to the music. We will learn age-appropriate moves in ballet, tap, and tumbling. The final week of the session parents and grandparents are invited to see our progress and performance!

**24F-CS15**      Tuesday | Sept. 10-Oct. 29      10:00AM-10:30AM  
*Resident \$80.00, Non-Resident \$104.00 (8 Sessions)*

**24F-CS16**      Tuesday | Nov. 5-Dec. 17      10:00AM-10:30AM  
*Resident \$70.00, Non-Resident \$91.00 (7 Sessions)*

**Location | Municipal Building—East Room**

# Music

## Music Together

### **Ages 0-5 | Instructor Nicole White**

Gathering babies, toddlers, and preschoolers together makes each class fun for all! There are lots of group activities out there for kids, but Music Together offers a true family music class for the youngest infant to the oldest great-grandparent, and everyone in between. Imagine an extended family with a dozen or more kids and a bunch of caring adults, and you'll get the idea. Our weekly 45-minute Mixed age Family Music Together classes (ages birth to 6 years with a caregiver) include songs, rhythmic chants, movement, instrument play, and of course lots of fun! More details at: [www.wholesisters.com](http://www.wholesisters.com)

These activities are presented as informal, non-performance-oriented musical experiences developmentally appropriate for children and easy for caregivers regardless of their own musical ability. A CD, an MP3 downloadable version of the song collection, a songbook, a new family music development booklet, a Music Together growth chart, access to the Music Together Family Music Zone, and the Hello Everybody app are included

Each week, a trained Music Together instructor leads the class in singing, dancing, and playing songs that range from tender lullabies to boisterous jams using child-friendly percussion instruments. Our award-winning music, illustrated songbook, and other print and online resources will help you continue the music-making fun at home and nurture your child's musical growth—even if you don't think of yourself as a great singer or dancer. Like parenting, making music requires no previous experience or expertise, just willingness to get down on the floor and silly with your child!

**24F-MT01**      Thursday | Sept. 5-Oct. 31      10:00AM-10:45AM  
**Resident \$169.00, Non-Resident \$194.00 (8 Sessions)**  
*Sibling Rate* ———>      **Resident \$88.00, Non-Resident \$113.00 (8 Sessions)**

**Location | Municipal Building—East Room**

# Music

## Music Together Holiday Mini

**Ages 0-5 | Instructor Nicole White**

Join us for three weeks of merry music making. Our holiday mini session is just like our Music Together classes, but with a holiday twist. We will sing, dance, play instruments, and move in a merry way. Classes are 45-minutes and meet for 3 weeks. More details and instructor bios are available at: [www.wholesisters.com](http://www.wholesisters.com).

<b>24F-MT02</b>	Thursday   Dec. 5-Dec. 19	10:00AM-10:45AM
	<b>Resident \$80.00, Non-Resident \$104.00 (3 Sessions)</b>	
<i>Sibling Rate ----&gt;</i>	<b>Resident \$30.00, Non-Resident \$39.00 (3 Sessions)</b>	
<b>24F-MT03</b>	Thursday   Dec. 5-Dec. 19	11:00AM-11:45AM
	<b>Resident \$80.00, Non-Resident \$104.00 (3 Sessions)</b>	
<i>Sibling Rate ----&gt;</i>	<b>Resident \$30.00, Non-Resident \$39.00 (3 Sessions)</b>	

**Location | Municipal Building—East Room**



Image credit to Wholey Sisters Music Together

# Drama

## Creating a Character

**Ages 3-6 | Mouth of the Wolf Productions, Tina Gleason**

Each week we will be working on a different story from a book to create characters with costumes, music, voices, and moves.

**24F-MOTW01** Tuesday | Sept. 3-Sept. 24 3:00PM-3:45PM  
*Resident \$65.00, Non-Resident \$85.00 (4 Sessions)*

**Location | Municipal Building—East Room**

## Audition Workshop Series

**Ages 9-17 | Mouth of the Wolf Productions, Tina Gleason**

We will be helping actors of all ages with audition preparation for your next school or community performance. We will be working on cold reads, warm reads, and monologues, as well as singing and choreo prep.

**24F-MOTW02** Saturday | September 7 10:00AM-12:00PM  
*Resident \$75.00, Non-Resident \$98.00 (1 Session)*

**24F-MOTW03** Saturday | September 21 10:00AM-12:00PM  
*Resident \$75.00, Non-Resident \$98.00 (1 Session)*

**24F-MOTW04** Saturday | November 2 10:00AM-12:00PM  
*Resident \$75.00, Non-Resident \$98.00 (1 Session)*

**Location | Municipal Building—East Room**

## Monster Mash

**Ages 8-14 | Mouth of the Wolf Productions, Tina Gleason**

We will take characters such as Dracula, Frankenstein, the Sanderson Sisters, and the Wolf Man then create their back story within an imagined world where they all meet. Through acting games and improvisation we will create our own MONSTRously amazing one-act production to present for family and friends on the last day.

**24F-MOTW05** Tuesday | Oct. 1-Oct. 22 5:00PM-6:30PM  
*Resident \$125.00, Non-Resident \$150.00 (4 Sessions)*

**Location | Adventure Park Recreation Facility**



# Drama

## Character Moves & Make-Up Design

**Ages 11-14 | Mouth of the Wolf Productions, Tina Gleason**

In this one day workshop each participant will select a well known character, for which we will work toward creating their look. We will explore make-up techniques, shading, special effects, and posture toward becoming that character.

**24F-MOTW06** Saturday | September 14 10:00AM-12:00PM  
*Resident \$75.00, Non-Resident \$98.00 (1 Session)*

**Location | Municipal Building—East Room**

## Wizards, Wands & Combat

**Ages 8-12 | Mouth of the Wolf Productions, Tina Gleason**

Get ready to learn and execute some of the best spells as we practice performing and reacting to the wands through creative movement and combat choreography.

**24F-MOTW07** Saturday | October 12 10:00AM-12:00PM  
*Resident \$75.00, Non-Resident \$98.00 (1 Session)*

**Location | Municipal Building—East Room**

## Theatre 360 Play in a Day

**Ages 6-13 | Mouth of the Wolf Productions, Tina Gleason**

We will be creating a performance and exploring all aspects of live theatre from producer to performer and everything in between as we build a one-act show in a day.

**24F-MOTW08** Thursday | October 17 12:30PM-3:30PM  
*6-13 Resident \$85.00, Non-Resident \$110.00 (1 Session)*

**24F-MOTW09** Friday | October 18 9:00AM-12:00PM  
*6-10 Resident \$85.00, Non-Resident \$110.00 (1 Session)*

**Location | Municipal Building—East Room**

# Drama

## Acting Skill Building

**Ages 8-14 | Mouth of the Wolf Productions, Tina Gleason**

If you have an interest in acting or you are an experienced performer, you will get a lot out of this class session. We will be working with movement and character goals to create believable and fun stories.

**24F-MOTW10**  
6-13

Tuesday | Nov. 5–Nov. 26

4:45PM–6:15PM

**Resident \$125.00, Non-Resident \$150.00 (4 Sessions)**

**Location | Municipal Building—East Room**



# LATE FALL 2024

## REGISTER NOW FOR LATE FALL

INDOOR FLAG FOOTBALL, VOLLEYBALL, BASKETBALL  
WESTERVILLE, HILLIARD, POLARIS, LEWIS CENTER

- Organized programs for boys and girls ages 5–14.
- Age appropriate instruction for each division.
- Coaches background checked and certified.
- All skill levels welcome. No tryouts!
- One day per week! Practice held before game.
- Indoor Flag Football, Volleyball and Basketball!

FINAL DEADLINE: 09/27/24  
LATE FALL SEASON STARTS: 11/02/24

 @i9sports144  @i9sports144

i9sports.com | (614) 441-8845

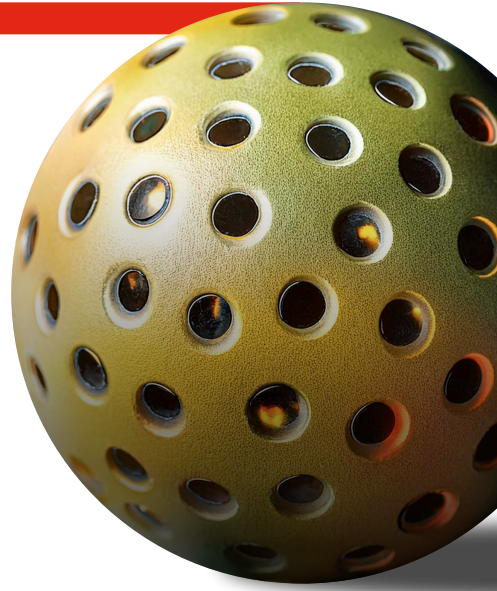


Each location is independently owned and operated.

# Fitness/Health & Wellness



Pickleball programs are currently on hold due to the Adventure Park Pickleball Court installation not yet being complete. Our hope is that the courts will be operable by mid-October. Keep an eye on Powell Recreation’s social media pages for updates.



## Learn to Play—Pickleball

**Ages 7-12 | Bally Sports Group** | Come learn the fastest growing sport in the area with Bally Sports Group! Each week will be split into an instructional and gameplay portion. Participants will learn how to hit forehands, backhands, dinks, overhands and serves. Participants will also learn the rules of the game and taught basic strategy. Our program leaves children feeling excited about what they’ve learned, and encourages them to continue with the sport while getting quality physical activity!

<b>24F-BSG01</b> 7-9	Thursday   Sept. 5-Oct. 3 <b>Resident \$75.00, Non-Resident \$98.00 (5 Sessions)</b>	5:00PM-6:00PM
<b>24F-BSG02</b> 10-12	Thursday   Sept. 5-Oct. 3 <b>Resident \$75.00, Non-Resident \$98.00 (5 Sessions)</b>	6:00PM-7:00PM

**Location | Library Park—Pickleball Courts**

# Fitness/Health & Wellness

## Pickleball Beginner Open Play & Instruction



**Ages 14+ | Luke Crawford** | We'll be learning the basics of the game, from rules to beginner strategy and shot selection. Participants will learn to have fun and meaningful games. Each class will have about 45 minutes of instruction and drills followed by 45 minutes of play with coaching during and in play. Every participant will be given a high and low ability point after each class. What to work on most and find out what aspect of the game they excel most.

**24F-LC01** Monday | Sept. 16–Sept. 30 10:00AM–11:30AM  
*Resident \$20.00, Non-Resident \$26.00 (3 Sessions)*

**24F-LC05** Monday | Oct. 7–Oct. 21 10:00AM–11:30AM  
*Resident \$20.00, Non-Resident \$26.00 (3 Sessions)*

**24F-LC09** Monday | Oct. 28–Nov. 11 10:00AM–11:30AM  
*Resident \$20.00, Non-Resident \$26.00 (3 Sessions)*

**Location | Adventure Park—Pickleball Courts**

## Pickleball Intermediate Open Play & Instruction

**Ages 14+ | Luke Crawford** | Learn what it takes to make that next step to winning more games in pickleball. Pinpoint your strengths and weaknesses, as well as identifying your opponents. Drills are more adept to focus on more specific shots that can set up winning points. Games will be played at end of instructions where pro may hop in to show successful point construction and how to adjust to pace of play. Each class will have about 45 minutes of instruction and drills followed by 45 minutes of play with coaching during and in play. Every participant will be given a high and low ability point after each class. What to work on most and find out what aspect of the game they excel most.



**24F-LC02** Wednesday | Sept. 18–Oct. 2 10:00AM–11:30AM  
*Resident \$20.00, Non-Resident \$26.00 (3 Sessions)*

**24F-LC06** Wednesday | Oct. 9–Oct. 23 10:00AM–11:30AM  
*Resident \$20.00, Non-Resident \$26.00 (3 Sessions)*

**24F-LC10** Wednesday | Oct. 30–Nov. 13 10:00AM–11:30AM  
*Resident \$20.00, Non-Resident \$26.00 (3 Sessions)*

**Location | Adventure Park—Pickleball Courts**

# Fitness/Health & Wellness

## Pickleball Advanced Play & Instruction



**Ages 14+ | Luke Crawford** | Want to take your play to the next level? This program focuses on strategy of play and shot selection, as well as slowing down the game to speed up at the right time. We'll pinpoint weaknesses and court coverage. Each player in the course receives an advanced breakdown of play from playing with a pro! Each class will have about 15 minutes of instruction and drills followed by 45 minutes of play with coaching during and in play. Every participant will be given a high and low ability point after each class. What to work on most and find out what aspect of the game they excel most.

**24F-LC03** Monday | Sept. 16-Sept. 30 8:45AM-9:45AM  
*Monday* **Resident \$20.00, Non-Resident \$26.00 (3 Sessions)**

**24F-LC04** Wednesday | Sept. 18-Oct. 2 8:45AM-9:45AM  
*Wednesday* **Resident \$20.00, Non-Resident \$26.00 (3 Sessions)**

**24F-LC07** Monday | Oct. 7-Oct. 21 8:45AM-9:45AM  
*Monday* **Resident \$20.00, Non-Resident \$26.00 (3 Sessions)**

**24F-LC08** Wednesday | Oct. 9-Oct. 23 8:45AM-9:45AM  
*Wednesday* **Resident \$20.00, Non-Resident \$26.00 (3 Sessions)**

**24F-LC11** Monday | Oct. 28-Nov. 11 8:45AM-9:45AM  
*Monday* **Resident \$20.00, Non-Resident \$26.00 (3 Sessions)**

**24F-LC12** Wednesday | Oct. 30-Nov. 13 8:45AM-9:45AM  
*Wednesday* **Resident \$20.00, Non-Resident \$26.00 (3 Sessions)**

**Location | Adventure Park—Pickleball Courts**

## Pickleball Beginner Clinic



**Ages 18+ | Andi Biernacki-Sweet**

Learn the various Pickleball strokes: backhand, forehand, serve, and dink. The last 30 minutes of class you will learn rules of the game, court positions and scoring.

**24F-ABS01** Sunday | September 15 10:00AM-12:00PM  
**Resident \$20.00, Non-Resident \$26.00 (1 Session)**

**24F-ABS02** Thursday | September 19 12:15PM-2:15PM  
**Resident \$20.00, Non-Resident \$26.00 (1 Session)**

**Location | Adventure Park—Pickleball Courts**

# Fitness/Health & Wellness

## Pickleball Family Fun Day



**Ages 4+ | Andi Biernacki-Sweet**

Bring the whole family and learn how to hit a forehand, backhand, serve and dink. The last 20 minutes of class you will learn rules of the game, court positions and scoring.

**24F-ABS03** Friday | September 13 4:30PM-6:30PM  
**Resident \$15.00, Non-Resident \$19.00 (1 Session)**

**24F-ABS04** Sunday | September 22 9:30AM-11:30AM  
**Resident \$15.00, Non-Resident \$19.00 (1 Session)**

**Location | Adventure Park—Pickleball Courts**

## Pickleball Beginner Play & Learn



**Ages 18+ | Andi Biernacki-Sweet**

This is a great way to learn the game and have an organized group of people that play at your same level. Players should have already taken a clinic and know how to hit a backhand, forehand, serve and dink. You will learn court positions, rules of the game and scoring through playing during the 2 hours. Sign up for one, two, or all 3 weeks.

**24F-ABS05** Tuesday | Sept. 17-Oct. 1 12:15PM-2:15PM  
*Series* **Resident \$54.00, Non-Resident \$70.00 (3 Sessions)**

**24F-ABS06** Tuesday | September 17 12:15PM-2:15PM  
*9/17* **Resident \$20.00, Non-Resident \$26.00 (1 Session)**

**24F-ABS07** Tuesday | September 24 12:15PM-2:15PM  
*9/24* **Resident \$20.00, Non-Resident \$26.00 (1 Session)**

**24F-ABS08** Tuesday | October 1 12:15PM-2:15PM  
*10/1* **Resident \$20.00, Non-Resident \$26.00 (1 Session)**

**Location | Adventure Park—Pickleball Courts**

# Fitness/Health & Wellness

## Pickleball 101



**Ages 18+ | Gary Baird & Diane Merkle**

This class is designed for the new Pickleball player. If you have never played or are brand new to the game, this class is for you. Instruction will include rules of the game, court positioning and serving instruction. Paddles and balls will be provided. Sign up for each week individually.

<b>24F-GBDM01</b>	Thursday   September 26	9:30AM-11:30AM
	<i>Resident \$10.00, Non-Resident \$13.00 (1 Session)</i>	
<b>24F-GBDM02</b>	Thursday   October 3	9:30AM-11:30AM
	<i>Resident \$10.00, Non-Resident \$13.00 (1 Session)</i>	
<b>24F-GBDM03</b>	Thursday   October 10	9:30AM-11:30AM
	<i>Resident \$10.00, Non-Resident \$13.00 (1 Session)</i>	
<b>24F-GBDM04</b>	Thursday   October 17	9:30AM-11:30AM
	<i>Resident \$10.00, Non-Resident \$13.00 (1 Session)</i>	

**Location | Adventure Park—Pickleball Courts**



# Fitness/Health & Wellness

## Kids Breathing & Meditation

**Ages 6-12 | Sreedevi Iyer** | Introduction of some of the important functions of breathing and meditation with benefits including

- bringing stability to mind
- vitalization of all organ systems
- helps the nervous system
- helps respiratory system

*Participants are welcome to join at any time, there is no commitment to be there for all classes. You must be registered with a completed waiver to participate.*

<b>24S-SI01</b> 6-12   Beginner	Sunday   Aug. 4-Dec. 25 <b>No Fee (20 Sessions)</b>	4:45PM-5:45PM
<b>24F-SI02</b> 9-12   Intermediate	Sunday   Aug. 4-Dec. 25 <b>No Fee (20 Sessions)</b>	5:45PM-6:45PM

**Location | Adventure Park Recreation Facility & Amphitheater**

## Amazing Athletes

**Ages 1.5-5 | Amazing Athletes** | Amazing Athletes is a developmental physical fitness program for children. Our fun, active classes encourage kids to explore and develop a variety of athletic skills through the introduction of 10 different sports. Coaches break the fundamentals of each sport down into simple steps based on each child's age and ability. The goal is to create a fun environment that establishes lifetime connections to sports and physical activity. Caregiver participation is required for all children under 3. For more information, go to [AmazingAthletes.com](https://AmazingAthletes.com)

<b>24F-AA01</b> 1.5-3   Tots	Thursday   Sept. 12-Oct. 17 <b>Resident \$80.00, Non-Resident \$104.00 (6 Sessions)</b>	5:30PM-6:00PM
<b>24F-AA02</b> 3-5   Athletes	Thursday   Sept. 12-Oct. 17 <b>Resident \$80.00, Non-Resident \$104.00 (6 Sessions)</b>	6:00PM-6:30PM

**Location | Village Green Park—Green Space (Oval)**

<b>24F-AA03</b> 1.5-3   Tots	Thursday   Oct. 24-Dec. 12 <b>Resident \$80.00, Non-Resident \$104.00 (6 Sessions)</b>	5:30PM-6:00PM
<b>24F-AA04</b> 3-5   Athletes	Thursday   Oct. 24-Dec. 12 <b>Resident \$80.00, Non-Resident \$104.00 (6 Sessions)</b>	6:00PM-6:30PM

**Location | Municipal Building—East Room**



# Fitness/Health & Wellness

## Superhero Bootcamp

**Ages 1.5-5 | Amazing Athletes |** This class is all about training to be your favorite superhero! To be a superhero means having strength, agility, balance, and speed. We focus on learning special superhero training skills through fun games and activities such as “jumping over hot lava,” “dodging fireballs,” “lightsaber training,” scooter flying,” ghostbuster tag,” and so many more. Being a superhero also means having a compassion for society, a kind heart, and a willingness to do good and help others. These are qualities we discuss with our super-kids. This program encourages participants to be a superhero in everyday life!

<b>24F-AA05</b> 1.5-3   Tots	Saturday   Sept. 7-Oct. 12	9:30AM-10:00AM
	<b>Resident \$80.00, Non-Resident \$104.00 (6 Sessions)</b>	
<b>24F-AA06</b> 3-5   Athletes	Saturday   Sept. 7-Oct. 12	10:00AM-10:30AM
	<b>Resident \$80.00, Non-Resident \$104.00 (6 Sessions)</b>	

### Location | Village Green Park—Green Space (Oval)

<b>24F-AA07</b> 1.5-3   Tots	Saturday   Oct. 19-Nov. 23	9:30AM-10:00AM
	<b>Resident \$80.00, Non-Resident \$104.00 (6 Sessions)</b>	
<b>24F-AA08</b> 3-5   Athletes	Saturday   Oct. 19-Nov. 23	10:00AM-10:30AM
	<b>Resident \$80.00, Non-Resident \$104.00 (6 Sessions)</b>	

### Location | Municipal Building—East Room

# Family

## Powell Puzzle Palooza

**Ages 6+ | Jill Alfred** | Create a team of up to 4 for this family friendly puzzle competition. We'll provide a 500 piece puzzle and pizza for your team. All teams will take home their puzzle and will receive fun door prizes. Teams have a maximum of 1.5 hours to complete their puzzle.

<b>24F-PPR88</b> <i>Back to School</i>	Monday   September 23	6:00PM-7:30PM
	<b>Resident \$20.00, Non-Resident \$26.00 (1 Session)</b>	
<b>24F-PPR89</b> <i>Halloween</i>	Monday   October 21	6:00PM-7:30PM
	<b>Resident \$20.00, Non-Resident \$26.00 (1 Session)</b>	
<b>24F-PPR90</b> <i>Thanksgiving</i>	Monday   November 25	6:00PM-7:30PM
	<b>Resident \$20.00, Non-Resident \$26.00 (1 Session)</b>	
<b>24F-PPR91</b> <i>Holiday</i>	Monday   December 16	6:00PM-7:30PM
	<b>Resident \$20.00, Non-Resident \$26.00 (1 Session)</b>	

**Location | Adventure Park Recreation Facility**



# Adult

## Cards & Games—fALL

**Ages 50+ | Jill Alfred** | Are you retired? Bored? Want to meet new friends? Looking for some indoor activities?

On Thursday afternoons we will play cards and games and enjoy light refreshments with other adults from the area. Games might include sevens, euchre, bridge, dominoes, or anything else the group is interested in learning or playing. This is a non-competitive group where beginners are welcome and encouraged so sign up and come see if there might be a new friend in your future!

Register for all of this fun and snacks at about \$2 per class.

**24F-PPR59** Thursday | Sept. 5–Dec. 12 1:00PM–3:00PM  
*Resident \$25.00, Non-Resident \$32.00 (14 Sessions)*

**Location | Adventure Park Recreation Facility**

## Walking Group—Friday

**Ages 50+ | Gina Kolp** | Join the Powell Recreation team for a walk around Powell at your pace. We'll start at the shelter near the Skate Park in Adventure Park and walk to different local parks. Each walk will be about 1 mile. The goal of this program is simply to encourage community members to get up and moving. Walking can help improve cardiovascular fitness, increase energy levels, strengthen your immune system and reduce stress.

**24F-PPR60** Friday | Sept. 6–Nov. 22 8:30AM–9:30AM  
*No Fee (9 Sessions)*

**Location | Adventure Park—Skate Park Shelter**

## Union County Covered Bridges Bus Tour

**Ages 50+ | Jill Alfred** | Our first bus trip! Join us as we adventure to see the covered bridges of Union County. We'll have a tour guide who will share the history of each of the bridges and even have a catered boxed lunch with live music on one of these historic bridges. We'll take breaks along the drive and all costs are included in the trip.

**24F-PPR61** Tuesday | October 22 10:30AM–3:30PM  
*Resident \$60.00, Non-Resident \$75.00 (1 Session)*

**Location | Village Green Municipal Building**

## Powell Citizens Police Academy

### **Ages 18+ | Powell PD, Powell Police Officers**

The Powell Citizens Police Academy provides an opportunity for citizens in the community to learn about the day-to-day operations of the Powell Police Department and how the department serves the community. Likewise, the Powell Police Department welcomes the opportunity to build stronger relationships with the citizens we serve.

The Powell Police Department believes that the experiences gained by our academy graduates will be of tremendous value, not only to the individual graduate, but also for their neighbors, homeowner's associations, and community.

Graduates will be educated on crime awareness, crime prevention, and how to be an effective witness in the reporting of various crimes.

The Citizens Police Academy DOES NOT train citizens to become police officers; rather it offers a curriculum that will educate you on the same topics that police officers receive while in the Police Academy. There are plenty of hands-on exercises and training scenarios to allow citizens a chance to implement some of the knowledge they gain. We offer a wide range of instructors including veteran officers, investigators, outside agency personnel and other trained professionals.

#### **Topics Covered Include:**

- *Criminal Law*
- *Crime Prevention & Awareness*
- *CPR Certification & Fire Department Overview*
- *Traffic Stop & Patrol Procedures*
- *OVI (DUI) Enforcement*
- *Use of Force & Firearms*
- *Drones*
- *Crime Scene Investigations*
- *Delaware Tactical Unit & Crisis Negotiation Team*
- *Optional Ride-Along Program for Participants*

**24F-PPD01**

Wednesday | Aug. 28–Nov. 6 7:00PM–9:00PM

**No Fee (11 Sessions)**

**Location | Powell Police Department**



# Special Events

## *Candy by the Carload*

Sunday, October 27  
4-6pm | Seldom Seen Park

**\*REGISTRATION REQUIRED\***

Registration begins October 1 for residents  
& October 15 for all others.

## *Veterans' Day Ceremony*

Friday, November 8  
11am | Village Green Park

## *Holidays in Powell Tree Lighting*

Saturday, December 2  
6PM | Village Green Park

**Register at [Powell.RecDesk.com](https://Powell.RecDesk.com)**

KEEP EYE OUT FOR

# Winter Break Programs

